

MOUNTAIN TOP RESORT
s p a & s a l o n

Welcome

Welcome to the Mountain Top Resort Spa & Salon.
Our Massage Therapists, Technicians & Aestheticians
are here to transport you to a place,
both mind & body,
of complete relaxation and rejuvenation.

Specializing in personalized methods,
our philosophy is to not only indulge your senses and pamper you,
but to offer you a therapeutic center for wellness.

We hope you enjoy your visit.



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MASSAGE THERAPY

Mountain Top Custom Massage

This massage is customized to specifically meet your individual needs. Our techniques include deep tissue, sports, trigger point and Swedish massage. We specialize in therapeutic massage to relieve pain and tension. Immerse yourself completely with a 60 or 90 minute service. Our 30 minute massages are perfect if you're short on time but in need of some recovery.

\$80/30 min (Customized full-body or focused area massage)

\$135/60 min (Customized full-body massage or customized massage with focus work on 1-2 areas)

\$175/90 min (Customized full-body massage or customized massage with focus work on 2-3 areas)

Hot Stone

Hot Stone Massages are heat therapy designed to melt away tension, ease muscle stiffness and increase circulation & metabolism. We deliver heat therapy through the placement of water-heated, river polished stones placed at key points on the body. Much like the forces of nature which created these wonderful stones, we will need time to prepare for your session. Please allow us at least 1-hour advance notice for this massage.

\$155/60 min

\$195/90 min

Add Aromatherapy to any Massage +\$20

Ask about our Seasonal Specials.

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SIGNATURE FACIALS

Our Signature Facial Treatments:

Our Skin Therapist will perform a thorough consultation with you to assess your skin type and needs and then combine the best combination of our products and techniques to design a customized treatment that will move your skin toward balance & reveal its natural beauty.

30 Minute Glowing Facial Treatment Our combination of cleansing, exfoliating, brightening serums & moisturizers will reveal your inner beauty and enhance your glow 'just because' or for a special occasion. This treatment delivers beautiful results on its own or is the perfect way to prepare your skin for professional makeup. *30 minutes / \$80*

Signature 60 Minute Facial This personalized facial features a complete cleanse, steam, exfoliation and treatment mask. Also included, light pore extraction and face, neck and décolleté massage - with finishing touches using the perfect serum treatment for you including eye & lip balms and overall hydration. *60 minutes / \$135*

Ultimate Rejuvenating 90 Minute Facial Our ultimate luxury facial complemented by additional time for an extra treatment mask or peel and loads of extra pampering! We start with a cleanse, followed by steam, extraction and revitalizing eye treatment. We finish with a treatment serum, eye and lip balms and overall hydration. All the while, pampering and relaxing you with a neck, décolleté, hand and foot massage. *90 minutes / \$175*

WAXING SERVICES

Our Aestheticians use gentle lavender products to ensure your waxing experience is the most comfortable possible. Following is a sample of popular services. If your preferred service is not listed here, please simply call us for availability & pricing.

Brow Shaping \$18 • Lip \$10 • Chin \$12 • Bikini \$40 • Brazilian \$70

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NAIL SERVICES

Signature Manicure Your manicure starts with a soak & exfoliation. Followed by cuticle & nail grooming and a moisturizing massage. We finish with a steamed towel wrap to ensure ultimate penetration of treatment serums. *\$50/45 min*

Signature Pedicure Indulge in total relaxation as your feet are treated to a therapeutic foot bath & smoothing scrub to exfoliate and invigorate. Followed by cuticle & nail grooming and a moisturizing massage. We finish with a steamed towel wrap to ensure ultimate penetration of treatment serums. *\$70/60 min*

Mani-Pedi Combine the two services above and treat hands and feet to ultimate luxury at a great price! *\$110/90 min*

Express Manicure *\$40/30 min* - **OR** - **Express Pedicure** *\$60/30 min*
This basic Manicure or Pedicure includes a hand/foot soak, nail shaping, cuticle care, buffing, a relaxing hand & foot massage with warm cream and long-lasting polish of your choice.

*Can't choose? Book our **Express Mani-Pedi** *\$90/60 min**

Shellac Manicure Long lasting, instant dry color accompanied by a moisturizing hand & arm massage. *\$60/60 min*

Add-ons French Polish *\$15* • Shellac Removal *\$15*

Specialty Nail Services 'For All'

Mountain Maple Bourbon Manicure / Pedicure

Let us indulge your senses with this quintessential Vermont treatment. We start with an aromatic warm maple soak, followed by a bourbon brown sugar scrub to exfoliate the skin. Next is our vanilla bourbon massage to melt away arm, hand or foot tension and leave you feeling invigorated. (Optional: choice of polish color to finish).

Manicure *\$55/45 min* • **Pedicure** *\$75/60 min* • **Mani/Pedi** *\$115/90 min*

We hope you enjoy your time at our spa & salon!

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POLICIES

Welcome to the Mountain Top Resort Spa & Salon. We hope that your visit is both relaxing and rewarding. In order to ensure that your appointment is an unconditional success, kindly review our policies below. Please let us know if you have any questions or concerns. Thank you!

Reservations: Reservations are strongly recommended. Walk-ins are welcome and we will do our best to accommodate. A credit card is required to secure an appointment (We apologize that we do not accept the Discover card. All others accepted).

Cancellations: We require a minimum of 24 hours advance notice for cancellations in order to avoid incurring a charge. Cancellations within 24 hours, same day cancellations, and no-shows, will be subject to a fee equal to 100% of the cost of your entire appointment. This fee will be placed on the credit card provided upon securing your reservation.

Gratuities: For your convenience, a 20% gratuity will be added to your bill and given to your service provider. If you wish to change this amount, please let our spa receptionist know at check out and we would be happy to adjust it accordingly.

Treatment Time & Arrival: Please arrive at least 15 minutes prior to your scheduled appointment. Regretfully, if you are late for your appointment, we will have to shorten your treatment time in order to accommodate and remain on schedule for our next guest.

Cell Phones & PED's (Personal Electronic Devices): We strive to provide each of our guests a private escape from the outside world and a peaceful and tranquil environment. Please assist us by turning off all PED's.

Valuables: We are not responsible for lost or stolen personal belongings. If you have valuables with you, please stow them in a locker in the women's restroom. For our male Clients, we can hold your items at the front desk.

What To Wear: Wear what is comfortable to you. Proper professional draping is performed throughout your services. Bathing suits are required for the sauna.

Age Requirements: Guests receiving Massage or Facial services are required to be a minimum of 18 years old, Manicures/Pedicures are offered to ages 12 and up.

Medical Conditions & Allergies: Please inform your therapist/stylist/trainer of any contraindications with your medical history. Always consult your personal physician prior to receiving spa services or participating in fitness classes.